



PLAIN DIRECTIONS

FOR THE

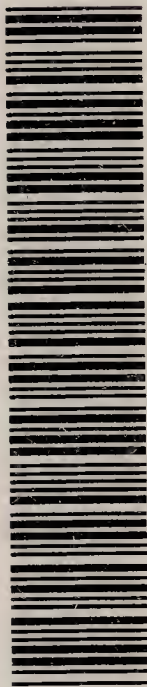
TREATMENT

OF

COMMON

COMPLAINTS.





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PLAIN DIRECTIONS
FOR THE
HOMŒOPATHIC TREATMENT
OF
Common Complaints.

AUGMENTED AND NEWLY ARRANGED.

Eleventh Edition ; One Hundred and Fortieth Thousand.



AGENTS IN ALL
PARTS OF THE UNITED KINGDOM
AND THE COLONIES.

ASHTON & PARSONS,
Homœopathic Chemists,
19, WORMWOOD STREET,
BISHOPSGATE ST. WITHIN, LONDON, E.C.

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The remedies mentioned in this Guide may be obtained in Phials at 6d. and 1s. each (the special preparations at 1s. 1½d.) of ASHTON and PARSONS, Homœopathic Chemists, 19, Wormwood Street, one door from Bishopsgate Street Within, London, E.C., or of their Agents in all parts of London, the United Kingdom, and the Colonies;

PREFACE TO THE ELEVENTH EDITION.

IN this edition—completing 140,000 copies—some new, but well-tried remedies, embracing the latest discoveries in Homœopathy, are introduced. This, with the addition of some new sections, and the insertion, for the first time in any Homœopathic Domestic Guide, of a table of doses of the most used Homœopathic Medicines in all forms and for all ages, will, it is hoped, still further enhance the value of the Guide.

Genuine Medicines.

IN order that the full benefit may be derived from the directions given in this Guide, it is necessary that the medicines be absolutely pure—to ensure this, only those medicines that have been prepared by a *bona fide* Homœopathic Chemist should be used. Attention to this is essential, because Homœopathic Medicines, to be properly prepared, require, in addition to the ordinary knowledge of Chemistry, Botany, and Materia Medica, a knowledge and a degree of care, that can only be possessed by those who have been regularly educated to the profession of Homœopathic Pharmacy.

Medicines supplied by ASHTON AND PARSONS' Agents, are secured either by a band label over the cork, bearing the words "ASHTON AND PARSONS, City Homœopathic Pharmacy," or, in the case of tincture by a metallic capsule, to prevent evaporation, and purchasers are requested to observe this guarantee of integrity, as ASHTON AND PARSONS cannot be responsible for medicines not so protected.

When required, they will have pleasure in forwarding the name of the nearest agent, or, if they have no agent in the immediate neighbourhood, will send any medicine, securely packed, by return of post. An agent will procure any medicine not in stock, by return mail.

NOTE.—The doses prescribed in the following pages are those that have been found most effective in the course of a long experience, and should not be exceeded, nor should they be taken more frequently than is ordered.

How to Administer the Dose.

Pilules may be allowed to dissolve slowly upon the tongue, but in the case of infants and very young children, it is best to crush them between clean white paper with the handle of a knife, and place the dose upon the patient's tongue. When half a Pilule is prescribed, a Pilule may be crushed, and half of it placed upon the tongue, or a Pilule may be dissolved in two teaspoonfuls of water, and one teaspoonful given for a dose.

Tinctures should be given in water. The quantity of water to be employed for an infant, is a tea-spoonful; for a child of seven years, a dessert-spoonful; for a child of 14 years, a table-spoonful; and for an adult, half a wine-glassful. Under circumstances where it may be very inconvenient to use water as a vehicle, the dose may be administered upon a small piece of sugar. When a quarter of a drop of tincture is prescribed, one drop is to be mixed with four tea-spoonfuls of water, and one tea-spoonful given for a dose. In the same way, half a drop may be administered by mixing one drop with two tea-spoonfuls of water, and giving one tea-spoonful for a dose.

Globules can be placed upon the tongue and allowed to dissolve slowly. Both Pilules and Globules act, perhaps, a little quicker if they are dissolved in water, but the convenience of taking them upon the tongue is very great.

Trituration or **Powder** should always be taken dry upon the tongue. Small spoons to measure one grain are supplied by ASHTON AND PARSONS.

Homœopathic Medicines for Internal Use,

ARE PREPARED IN FOUR FORMS, VIZ.:

Pilules, Tinctures, Trituration, and Globules.

Pilules.—Pilules are rapidly gaining favour with Homœopaths, on account of the convenience they afford of being carried about by the patient, and the dose taken without the necessity of dissolving them in water; being larger than the Globules they are much preferred by those who object to Globules on account of their minuteness.

Tinctures act rather quicker than the Pilules, and are generally given in acute diseases, or where a comparatively large dose, or a speedy action is required.

Trituration or Powder.—In this form metals and all medicines that are not directly soluble in alcohol or water, are first prepared.

Globules are now seldom used, except in infantile disorders, or when a patient is very susceptible to the action of a medicine. They are almost entirely superseded by Pilules.

Homœopathy Explained.

HOMŒOPATHY consists in the administration of a remedy for a disease, which, if given to a person in health, is capable of producing similar (not identical) symptoms to the disease—“*similia similibus curantur*,” likes by likes are cured—thus, Quinine is given to cure ague, because Quinine given in large doses to a person in health produces symptoms closely resembling ague; Belladonna is given to cure scarlet fever, because Belladonna produces symptoms like scarlet fever; Ipecacuanha is given for sickness, because Ipecacuanha produces sickness. A remedy is given to cure certain diseases or symptoms, because it has produced similar diseases or symptoms when given in large doses to a person in health. Homœopaths never give a remedy to cure a disease until its effects have been proved (tried) upon healthy individuals. Concerning the dose, experience has amply proved that small (not necessarily infinitesimal) doses given on the Homœopathic principle, cure more quickly, and leave behind none of the injurious and weakening effects of the massive doses often given by Allopathic practitioners.

“It is essential to the principles of Homœopathy, that medicines should be given in doses too small to produce their physiological effects. As regards minuteness of dose, however, there is no fixed limit, and hence it follows that all doses have their advocates, ranging from a few drops of the Mother Tincture up to the highest attenuations.” But the

tendency is, and has been for some years past, to give larger doses (which are, however, in themselves very small), and to this tendency to give larger doses of medicines, upon the principle of "*similia similibus curantur*," is to be ascribed, in no small measure, the great increase in the number of converts to the system. While there could be no doubt of the inherent truth of Homœopathy, the minute doses given in the early days of its adoption, caused many to regard it with ridicule, without taking the trouble to enquire into its principles. This is now, in a degree, met by the introduction and more general use of Tinctures and Pilules.

Colds.

Taking cold (the cause of half our diseases) is one of the most common complaints to which we are subject, but the one above all which should receive early attention, the neglect of the first slight symptoms often entailing serious disorders of the chest, &c.

When the first symptoms of a cold are observed, take *at once* two drops of the Homœopathic *Tincture of Camphor*, and repeat every half-hour until six doses have been taken. If, however, this does not produce the desired effect, and the cold has

taken a firmer hold, or attacked the head, chest, or throat, adopt the following treatment.

COLD IN THE HEAD.

SYMPTOMS.—Feverishness, creeping chills, frontal headache, fulness about the head, running from the eyes or nose with excoriation, itching of the nose, sneezing, &c.

Take *Aconite* and *Arsenicum*—pilules or tincture—every two hours alternately, until six doses of each have been taken; then take *Nux Vomica* and *Arsenicum*—pilules or tincture—every three or four hours alternately, as long as required. *Dose, see Acon., Ars., Nux., pages 30, 33, 53.*

COLD ON THE CHEST.

SYMPTOMS.—Tightness of the chest, with soreness, wheezing cough, discharge of phlegm, oppressed and hurried breathing, cough with expectoration, &c.

Take *Aconite* and *Bryonia*—pilules or tincture—every three hours alternately, until improvement takes place, when substitute *Ipecacuanha* for *Aconite*, and continue as before. *Dose, see Acon., Bry., Ipec., pages 30, 35, 51.*

Hoarseness.

Hoarseness frequently accompanies a common cold and will generally yield to one or other of the following remedies:—

When the hoarseness arises from damp or wet, or from a chill, administer *Dulcamara*—pilules or tincture—every three hours. *Dose, see Dulc., page 45.*

When the hoarseness comes on, or is worse in the evening, or after reading or singing, with almost complete loss of voice, take *Carbo Veg.*—pilules, tincture, or trituration—every four hours. *Dose, see Carb. V., page 37.*

When the voice is weak and hoarse and there is wheezing, take *Hepar Sulph.*—pilules or tincture—every four hours. *Dose, see Hep. S., page 48.*

Measles.

A highly contagious, and frequently epidemic disease. The early symptoms are not unlike those of a common cold, with fever, watery eyes, running from the nose, sneezing, &c.; in this, and during the whole feverish and inflammatory stage, *Aconite* is of the most signal service. During the inflammatory stage, and when fever is high, give *Aconite*—tincture—every one, two, or three hours, according to the severity of the symptoms. *Dose, see Acon., page 30.*

When the fever is reduced, give *Pulsatilla* and *Aconite*—tinctures—every three hours alternately. *Dose, see Acon., Puls., pages 30, 58.*

Pulsatilla, either alone, or alternately with or following *Aconite*, is usually sufficient to meet any uncomplicated case; but as there is frequently a recurrence of feverish symptoms, it is well not to dispense entirely with the use of *Aconite* until the disease is well under control. In severe or complicated cases medical aid should be sought, as it

may be necessary to resort to other remedies—baths, the wet pack, &c.

When the disease is on the decline, give *Sulphur*—pilules or tincture—once a day for some time. *Dose, see Sulph., page 62.*

When the disease is prevalent, administer a dose of *Pulsatilla*—pilules—daily to those who have not had it. *Dose, see Puls., page 58.*

Coughs.

A cough, from whatever cause it may arise, should never be neglected; many of the most serious diseases of the chest arising from slight coughs which would have been comparatively easy to cure, had they received proper attention in their early stages. The varieties of cough are very numerous, and we give here the symptoms and remedies for those in which domestic treatment may be employed.

When the cough is accompanied by tightness and oppression of the chest, tickling and soreness of the air passages, pains in the chest, or attended with a rush of blood to the head, administer *Belladonna* and *Bryonia*—pilules or tincture—every four hours alternately. *Dose, see Bell., Bry., pages 34, 35.*

When the cough comes on at night, or in fits, on rising, or early in the morning when in bed, or upon change of temperature, such as leaving a warm room for a cold one, or *vice versa*, or when the coughing ends in nausea, loss of breath or vomiting, take *Hyoscyamus* and *Ipecacuanha*—tinctures—a dose every two hours alternately for a few doses, then

every three or four hours. *Dose, see Hyos., Ipec., pages 49, 51.*

When the cough is croupy, dry, hard, tearing or barking, or is accompanied by a sensation of tickling or irritation in the throat, take *Hepar Sulph.* and *Spongia*—pilules or tincture—every three hours alternately. *Dose, see Hep. S., Spong., pages 48, 61.*

When the cough is severe, and there is much pain or a burning feeling in the chest, take *Phosphorus*—pilules or tincture—every three hours. *Dose, see Phosph., page 55.*

Hooping Cough.

The symptoms of hooping cough, with the characteristic "whoop," are too well known to need description; but in the early stage, before the whoop is distinct, it is sometimes difficult for the non-professional to determine the true nature of the cough. In any case of doubt give *Drosera*—pilules or tincture—night and morning. *Dose, see Dros., page 44.*

When the cough is dry, hard, or wheezing, with feverishness, dry heat of the skin and high-coloured urine, give *Aconite*—pilules or tincture—every three hours. *Dose, see Acon., page 30.*

When the cough is sudden and violent, worse at night, with sore throat, and determination of blood to the head, give *Belladonna*—pilules or tincture—every three hours. *Dose, see Bell., page 34.*

In the whooping stage, when there is violent cough and vomiting, give *Drosera* and *Ipecacuanha*,

—tinctures—every three hours alternately. *Dose, see Dros., Ipec., pages 44, 51.*

When the case is very obstinate, give an intermittent dose of *Sulphur* once or twice a week. *Dose, see Sulph., page 62.*

When whooping cough is prevalent, give *Drosera*—pilules—night and morning to children who have not had the complaint. *Dose, see Dros., page 44.*

Sore Throat.

Sore throat is generally a symptom of common cold, and will readily yield to *Belladonna* and *Mercurius Vivus*—pilules or tincture—every two hours alternately for six doses, then every three or four hours. *Dose, see Bell., Merc. V., pages 34, 52.*

A cold water compress applied to the throat at night is of great assistance, but in all cases of severe or malignant sore throat, Homœopathic medical assistance should at once be obtained.

Pimples and Eruptions.

Simple skin affections are generally more annoying than dangerous, and proceed from various causes, the most frequent being a heated state of the blood, owing to derangements of the digestive organs or liver: external treatment is seldom of much avail.

When pimples or eruptions are upon the skin of bilious subjects, or when the liver is inactive,

administer *Ac. Nitric*—pilules or tincture—night and morning. *Dose, see Ac. Nit., page 29.*

When pimples or small boils are upon the face or forehead, and there is a bruised sensation of the part, take *Arnica*—pilules—night and morning. *Dose, see Arn., page 32.*

When the eruptions are chronic, pimply, and the skin is unhealthy, administer *Hepar S.*—pilules or tincture—night and morning. *Dose, see Hep. S., page 48.*

When there are obstinate eruptions or round blotches upon the skin, covered with a whitish yellow scurf, give *Sulphur*—pilules or tincture—night and morning. *Dose, see Sulph., page 62.*

When the eruptions are itching, and attended by a burning sensation, give *Rhus Tox*—pilules or tincture—night and morning. *Dose, see Rhus. T., page 59.*

Rich foods and stimulants must be avoided.

Boils.

When the boils are hot, shining, red, and painful, take *Belladonna* and *Phytolacca*—tinctures—every three hours alternately. *Dose, see Bell., Phytol. pages 34, 56.*

When boils do not readily suppurate, or come to

a head, take *Hepar Sulph.*—tincture or trituration—every three hours. *Dose, see Hep. S., page 48.*

When poulticing is resorted to, put a few drops of tincture, or a few grains of the trituration of *Hepar Sulph.* upon the surface of the poultice before applying it.

After the boil has broken, or been opened, use a lotion composed of about twenty drops of tincture of *Calendula* to a table-spoonful of water, and apply upon lint or soft linen.

When there is a tendency to boils, especially upon the back and on the neck behind the ears, take *Phytolacca*—tincture—once or twice a week for some time.

Weakness, Lassitude, Debility, and Loss of Appetite.

Take five to eight drops of *Phosferine* in a table-spoonful of cold water at rising in the morning, half-an-hour before dinner, and last thing before going to bed. Patients under fourteen years, half the above dose; under seven years, one-fourth. Take moderate out-door exercise, but guard as much as possible against over fatigue, or exposure to a damp atmosphere. Cold bathing, or sponging the body with cold water will in most cases be found a valuable auxiliary, but should not be persevered with, unless a warm glow is experienced after the bath.

Indigestion.

Indigestion generally arises from some error in diet, overloading the stomach, eating too quickly, or at

irregular hours, or from anxiety; also from debility, fright, and sedentary habits.

When the attack has been caused by pork, pastry, or rich food, take *Pulsatilla*—pilules or tincture—every one-and-a-half or two hours. *Dose, see Puls., page 58.*

When caused by wine or spirits, smoking, eating too quickly, or at irregular intervals, take *Nux Vom.*—pilules or tincture—every two or three hours. *Dose, see Nux. V., page 53.*

When following fright, worry, or anxiety, take *Ignatia*—pilules or tincture—every three hours. *Dose, see Ign., page 50.*

When resulting from debility, take *China*—tincture—every three hours. *Dose, see China, page 39.*

When caused by sedentary habits, take *Bryonia*—pilules or tincture—every three hours. *Dose, see Bry., page 35.*

If from neglect indigestion has become habitual, the remedy should not be taken oftener than twice a day (morning and night), and a tea-spoonful of Pepsine Wine should be taken immediately after each meal.

Constipation.

We cannot too strongly caution the constipated against the evils resulting from the use of strong purgative medicines, which even if giving relief at the time, invariably leave the bowels in a more weakened state, until habitual and confirmed constipation is the result: here Homœopathy shows to great

advantage, the remedies act by gently inducing a natural condition of the bowels, not a forced action.

When the bowels are habitually constipated, take *Nux Vom.*—pilules or tincture—at bedtime, and *Sulphur*—pilules or tincture—at rising in the morning, fasting, and so continue for a week or two, or as long as may be required. *Dose, see Nux. V., Sulph., pages 53, 62.*

When the constipation is very obstinate, and inconvenience is experienced, take five drops of ASHTON AND PARSONS' special Tincture of *Podophyllum* in a wine-glassful of water, morning and night. The dose at night may be taken in warm water, instead of cold. Patients of fourteen years, two drops for a dose; of seven, one drop; an infant, half a drop. Drink freely of cold water immediately on rising each morning, and eat freely of uncooked ripe fruit, also a moderate quantity of well-cooked vegetables, and take moderate open air exercise.

Piles.

Hamamelis Cerate, applied night and morning, has been, in numberless instances, the means of curing the less severe, and of giving immediate and permanent relief in the more serious and long-standing cases; indeed, the most marvellous results have followed the application of this remedy, even in cases where all others had failed.

The following internal treatment should be adopted at the same time.

When the piles bleed or discharge mucus, take *Hamamelis*—mother tincture—night and morning,

and *Nux Vomica* and *Sulphur*—pilules—in the middle of the day. *Nux Vomica* one day and *Sulphur* the next day, and so on on alternate days, the *Hamamelis* being taken night and morning every day. *Dose, see Ham., Nux. V., Sulph., pages 47, 53, 62.*

When the piles are very painful, and there is little or no discharge of blood or mucus, and the tumours are protruding or internal, hard and very sore, with a bruised feeling (but not raw), accompanied by aching and burning, take *ÆSCULUS*—tincture—night and morning, and *Nux Vomica* and *Sulphur*—pilules—in the same way as is directed under *Hamamelis*. *Dose, see Æscul., Nux. V., Sulph., pages 31, 53, 62.*

Coffee, wines, spirits, spices, stimulants, and all purgatives should be avoided ; indeed purgatives are the most fruitful source of piles, and many ladies have them produced, in consequence of the castor oil so often taken previous to confinements.

Biliousness or Bile.

Podophyllum exerts a more direct beneficial influence in bilious derangements than any other known remedy ; and a dose of five drops of ASHTON AND PARSONS' special Tincture of *Podophyllum* repeated every two or three hours seldom fails to afford the desired relief. Patients of 14 years, two drops for a dose ; of seven, one drop ; an infant, half a drop.

When the attack has been caused by anxiety or overwork, take *China* and *Ignatia*—pilules or tinc-

ture, every three hours alternately. *Dose, see Chin., Ign., pages 39, 50.*

The diet during, and for a few days following an attack, should be light. Bitter ale, stout, pastry, and fat food, ought to be carefully avoided by bilious subjects.

Offensive Breath.

When there is offensive breath (not arising from decayed teeth), heartburn or waterbrash (symptoms of bile and indigestion), take *Pulsatilla*—pilules or tincture—every three or four hours. *Dose, see Puls., page 58.*

Diarrhœa.

An attack of diarrhœa may generally be arrested at the commencement, by the administration of the Homœopathic *Tincture of Camphor*. Dose, two to five drops, on a small lump of sugar each time the bowels are opened, or pain is felt.

When diarrhœa is accompanied by vomiting, or great heat at the stomach, watery stools, prostration and coldness of the body, take *Arsenicum*—tincture—every half-hour, hour, or two hours, according to the severity of the symptoms. *Dose, see Ars., page 33.*

When there is cutting, griping pains, cramps or choleraic symptoms, take *Veratrum* and *Cuprum*,—tinctures—every half-hour, hour, or two hours.

alternately, according to the severity of the symptoms. *Dose, see Verat., Cupr., pages 63, 43.*

When infants and young children suffer from diarrhoea, especially if associated with teething, administer *Chamomilla*,—pilules or tincture—every two or three hours. *Dose, see Cham., page 38.*

Rheumatism.

The Homœopathic, in acute or chronic cases of rheumatism, is far superior to any other system of treatment; the remedies exert a direct and almost immediate influence, alleviating the more severe symptoms and gradually effecting a complete cure.

Phosferine is an excellent remedy in this painful complaint, and is especially useful when the attack is accompanied by indigestion, debility or anxiety, and in cases following excessive mental labour or worry.

DOSE—Five to eight drops in a table-spoonful of water, at rising, noon, and at bedtime. Patients under fourteen years, half this dose; under seven years, one-fourth.

OR THE FOLLOWING TREATMENT MAY BE ADOPTED.

When the pain is stationary and chiefly affects the joints, take *Bryonia* and *Rhus Tox.*—tinctures—

every two hours alternately. *Dose, see Bry., Rhus., pages 35, 59.*

When the pains shift from one part to another, and more especially when on the left side, take *Cimicifuga*—tincture—every three hours. *Dose, see Cimic., page 40.*

In all cases where there is much inflammation, it is well to commence with *Aconite*, a dose of tincture, every two hours, and when the inflammation is somewhat subdued to substitute the above treatment. *Dose, see Acon., page 30.*

EXTERNAL TREATMENT.

The affected part should be bathed with warm water, and ASHTON & PARSONS' *Sturmhut Linimen* well rubbed in twice a day; or *Rhus* or *Arnica*, *Opodeldoc* or *Lotion* may be used externally in the same way.

Neuralgia, Toothache, and other Severe Nerve Pains.

Phosferine is the most efficient remedy for these distressing pains.

DIRECTIONS.—Take ten drops in a wine-glassful of water, followed in half-an-hour by another dose of ten drops, then, if necessary, a dose of five drops every two, three, or four hours, as required.

Afterwards, to prevent a recurrence of the pain, take five drops night and morning for two or three days. Patients under fourteen years, half the above doses; under seven years, one-fourth.

Speedy relief is obtained by the *external application* of ASHTON & PARSONS' *Sturmhut* to the seat of pain. Full directions for its employment accompany each bottle.

Patients subject to rheumatic or neuralgic attacks, should be careful to avoid draughts of air, exposure to damp, changes of temperature, or sudden changes of clothing; they should also live moderately.

Headache.

When the headache is of a purely nervous character, or arising from anxiety, overwork, or noise, take *Glonoine*, two drops of the third potency in water, for a dose, repeating in half-an-hour, if necessary. The patient should rest for a short time after taking the dose.

When the headache arises from excessive brain work, take *Phosferine*, five drops in a table-spoonful of water at rising, noon, and bedtime. *Phosferine* produces brain power and is invaluable to those who have much brain work.

Headache is often a symptom of cold, indigestion, bile, or a disordered state of the stomach.

Nervousness.

Take five drops of Phosferine in a table-spoonful of water at rising and bedtime. Patients under fourteen years, half this dose; under seven years, one-fourth.

Sea Sickness.

The Homœopathic remedies for sea sickness are very effective; they should be taken a short time before going on board, and repeated whenever nausea or uneasiness is felt.

For three or four hours before embarking, take *Nux. Vom.*—pilules—every half hour. *Dose, see Nux V., page 53.*

When on board, take *Cocculus* and *Petroleum*,—pilules—every half-hour alternately, or more frequently, if necessary. *Dose, see Cocc., Petrol., pages 42, 54.*

For diet previous to a voyage, see concluding remarks on Biliousness.

Corns and Bunions.

The benefit attending the external use of *Tincture of Arnica*, and the employment of *Arnicated Plaisters* is well known. Indeed, the value of *Arnica* in this respect cannot be over-estimated.

CORNS.—Bathe the feet, pare down the corn, rub in two or three drops of the pure *Tincture of Arnica*, and apply an *Arnicated Corn Plaster*.

BUNIONS.—Remove all pressure, if necessary, by cutting the boot over the bunion, rub in a few drops of *Arnica*, and apply an *Arnicated Bunion Plaster*, renewing every two or three days.

If the corns are numerous, or there is a constitutional tendency to be troubled with them, take *Silicea*—pilules—one morning, and *Calcareo*—pilules—the next morning, and so on alternately for a few weeks. *Dose, see Sil., Calc., pages 60, 36.*

Warts.

Warts should be painted over night and morning with the strong tincture of *Thuja*. And *Sulphur*—pilules—taken every morning for a week, then *Rhus Toxicodendron*—pilules—every morning the next week, and so on in alternation. *Dose, see Sulph., Rhus., pages 62, 59.*

Worms.

Administer *Cina*—mother tincture—night and morning, and *Filix Mas.*—mother tincture—in the middle of the day. This treatment continued for some days will generally be sufficient; but if there be much itching or irritation at the seat, an injection of one dessert-spoonful of salt to half-a-pint of water may be used with advantage. *Dose, see Cina., Filix M., pages 41, 46.*

Tender Feet.

After severe walking or other exercise, great relief will be obtained by bathing the feet for about ten minutes in a foot-bath composed of thirty drops of the external tincture of *Arnica* to each gallon of tepid water used.

Injuries, Sprains, Blows, Contusions, &c.

Use a lotion composed of ten drops of the external tincture of *Arnica* to a table-spoonful of water; if practicable, a piece of lint wetted with the lotion and covered with oiled silk should be kept constantly to the part. In the case of cuts and large open wounds, a lotion of ten drops of tincture of *Calendula* to a table-spoonful of water should be used.

Stings of Insects, Gnats, Wasps, Bees, Mosquitoes, &c.

Apply the pure tincture of *Ledum* externally as quickly as possible, and take internally, if the pain is very acute, one drop of the tincture of *Ledum* third dilution, in a tablespoonful of water every one-and-a-half or two hours until relieved.

Chilblains and Chapped Hands.

Chilblains, if unbroken, should be painted over night and morning with tincture of *Tamus Communis*; but if broken, *Hamamelis Cerate* should be applied on lint night and morning.

When the chilblains are broken and ulcerated, or show livid unhealthy edges, or when there is a peculiar burning pain, take *Arsenicum*—pilules—night and morning. *Dose, see Ars., page 33.*

Chapped Hands should be rubbed with *Arnica Ball* night and morning, and after washing, according to directions on the box.

Burns and Scalds.

The principal thing in these cases is to avoid exposure to the air, therefore the remedy should be applied with the least possible delay.

Thoroughly saturate a piece of lint or linen with *Carbolic Carron Oil*, cover it with oiled silk or tin foil to exclude the air, and bandage over.

In slight cases, if the skin is unbroken, it is sufficient to paint the part with ASHTON & PARSONS' Wound Protector.

ASHTON & PARSONS' Carbolic Carron Oil should be kept in every house, in case of accidents. If applied *at once* to a burn or a scald there is little or no pain experienced, and no scar left. This is the case, even in very severe cases.

AC. NITRIC (NITRIC ACID). Useful in pimples and eruptions; shingles; swollen and sore lips; ulceration of the mucous membrane of the mouth and throat; and in chronic inactivity of the liver.

When used in cases for which the treatment is not given in this Guide, the dose may be administered at rising and bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either Half a Pilule OR *Half a drop of the Tincture of the usual potency, known by the sign 3^x, or 3, OR Two Globules.</p>	<p>Either One Pilule OR *One drop of the Tincture of the usual potency, known by the sign 3^x, or 3, OR Three Globules.</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Two Pilules OR *Two drops of the Tincture of the usual potency, known by the sign 3^x, or 3, OR Four Globules.</p>	<p>Either Three Pilules OR *Five drops of the Tincture of the usual potency, known by the sign 3^x, or 3, OR Six Globules.</p>

*Tincture of the usual potency is known by the sign, either 3^x, or 3. No lower potency should be used, and the *strong Nitric Acid on no account whatever.*

ACONITE (ACONITUM NAFELLUS), Monk's Hood. Useful in cases of cold in the head and on the chest; hooping cough; rheumatism; and in most cases of fever and inflammation.

When used in cases for which the treatment is not given in this Guide, the dose may be taken every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

*Half a drop of Tincture of
the usual potency,

OR

Two Globules

OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

*One drop of Tincture of the
usual potency,

OR

Three Globules

OR

Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

*Two drops of Tincture of
the usual potency,

OR

Four Globules

OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

*Three to five drops of Tinc-
ture of the usual potency,

OR

Six Globules

OR

Two drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**** The Mother Tincture of Aeonite, distinguished by the sign ϕ , should never be employed in domestic practice, except in very severe cases, and then with all care.*

* Tincture of the usual potency is known by the sign, either $1\times$, $3\times$, or 3.

ÆSCULUS HIP (HORSE CHESTNUT). Useful in painful piles that do not bleed, and slight cases of fissure of the anus. It acts chiefly upon the anus and rectum.

When used in cases for which the treatment is not given in this Guide, the dose may be administered at rising, noon, 5 P.M., and bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

*Half a drop of Tincture of
the usual potency,

OR

Two Globules

OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

*One drop of Tincture of
the usual potency,

OR

Three Globules

OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

*Two drops of Tincture of the
usual potency,

OR

Four Globules

OR

Two drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

*Three drops of Tincture of
the usual potency,

OR

Six Globules

OR

Three drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*Tincture of the usual potency is known by the sign, either
1 \times , 3 \times , or 3.

ARNICA (ARNICA MONTANA). Useful in all cases resulting from mechanical injuries ; pimples and eruptions ; and as an external remedy in corns and bunions, blows, bruises, and injuries.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three or four hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

Half a drop of Tincture of
the usual potency,

OR

Two Globules

OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

*One drop of Tincture of the
usual potency,

OR

Three Globules

OR

Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

*Two drops of Tincture of
the usual potency,

OR

Four Globules

OR

One or two drops of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

*Four or Five drops of Tinc-
ture of the usual potency,

OR

Six Globules

OR

Three drops of Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*Tincture of the usual potency is known by the sign, either
 $1\times$, $3\times$, or 3.

*The Tincture prepared for external use should not be
administered.*

ARSENICUM (ARSENICUM ALBUM), White Arsenic. Useful in cases of cold in the head; influenza cold; asthmatic sufferings; inflammation of the mucous membrane and eyes; diarrhœa; and ulcerated chilblains.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every four hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either Half a Pilule OR Quarter of a drop of Tincture of the usual potency, known by the sign 3^x, or 3, OR Two Globules.</p>	<p>Either One Pilule OR *Half a drop of Tincture of the usual potency, known by the sign 3^x, or 3, OR Three Globules.</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Two Pilules OR One drop of Tincture of the usual potency, known by the sign 3^x, or 3, OR Four Globules.</p>	<p>Either Three Pilules OR *Two drops of Tincture of the usual potency, known by the sign 3^x, or 3, OR Six Globules.</p>

Tincture of the usual potency is known by the sign, either 3^x, or 3.
There is a stronger solution distinguished by the sign 1/20. This potency is required only in exceptional cases, and must then be used with the greatest care.

BELLADONNA (ATROPA BELLADONNA), Deadly Nightshade. Useful in cough; hooping cough; sore throat; scarlet fever; scarlet rash; infantile convulsions; congestion of the blood to various parts; boils.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either One Pilule OR *Half a drop of Tincture of the usual potency, OR Two Globules OR Quarter of a drop of the Mother (strongest) Tincture, distinguished by the sign ϕ.</p>	<p>Either One Pilule OR *One drop of Tincture of the usual potency, OR Three Globules OR Half a drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Two Pilules OR *Three drops of Tincture; of the usual potency, OR Four Globules OR One drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>	<p>Either Three Pilules OR *Five drops of Tincture of the usual potency, OR Six Globules OR Three drops of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>

* Tincture of the usual potency is known by the sign, either $1\times$, $3\times$, or 3.

BRYONIA (BRYONIA), White Bryony. Useful in affections of the bronchial tubes and lungs; cough and cold on the chest; lumbago; rheumatism; bilious derangements; indigestion; chronic constipation.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
One Pilule

OR

Half a drop of Tincture of
the usual potency,

OR

Two Globules

OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

* One drop of Tincture of the
usual potency,

OR

Three Globules

OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

Three drops of Tincture of
the usual potency,

OR

Four Globules

OR

Two drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

* Five drops of Tincture
of the usual potency,

OR

Six Globules

OR

Four drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

Tincture of the usual potency is known by the sign
either $1\times$, $3\times$, or 3.

CALC. CARB. (CALCAREA CARBONICA), Carbonate of Lime. Useful in corns and bunions; slow and difficult dentition; soft condition and curvature of the bones; and in scrofulous, tuberculous and rickety affections generally.

When used in cases for which the treatment is not given in this Guide, the dose may be administered night and morning.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either Half a Pilule OR Quarter of a drop of Tincture of the usual potency (6), OR One Globule OR * Quarter of a grain of Tritu- ration (Powder).</p>	<p>Either One Pilule OR Half a drop of Tincture of the usual potency (6), OR One Globule OR * Half a grain of Trituration (Powder).</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either One Pilule OR One drop of Tincture of the usual potency (6), OR Two Globules OR * One grain of Trituration (Powder).</p>	<p>Either Two Pilules, OR Two drops of Tincture of the usual potency (6), OR Three Globules OR * Two grains of Trituration (Powder).</p>

*The strongest form in which Calc. C. is prepared is in Trituration, but the other forms are perhaps best.

CARBO. V. (CARBO VEG.), Vegetable Charcoal. Useful in hoarseness; chronic bronchitis; unhealthy ulcers; and disorders of the stomach and intestines.

When used in cases for which the treatment is not given in this Guide, the dose may be administered three times a day, before meals.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either Half a Pilule OR Half a drop of Tincture of the usual potency (6), OR Two Globules OR Half a grain of the Tritura- tion (Powder).</p>	<p>Either One Pilule OR One drop of Tincture of the usual potency (6), OR Three Globules OR One grain of the Trituration (Powder).</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Two Pilules OR Two drops of Tincture of the usual potency (6), OR Four Globules OR Two grains of the Tritura- tion (Powder).</p>	<p>Either Three Pilules OR Four drops of Tincture of the usual potency (6), OR Six Globules OR Three to five grains of the Trituration (Powder).</p>

CHAMOMILLA (CHAMOMILLA MAT), Camomile. Useful in infantile diarrhœa, and in many disorders of pregnant women, newborn infants and young children, such as difficult dentition with diarrhœa, spasms, restlessness, fretfulness, disordered stomach and bowels.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every 1, 1½, 2 or 3 hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either Half a Pilule OR *Half a drop of Tincture of the usual potency, OR Two Globules OR Quarter of a drop of the Mother (strongest) Tincture, distinguished by the sign ϕ.</p>	<p>Either One Pilule OR *One drop of Tincture of the usual potency, OR Three Globules OR Half a drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Two Pilules OR *Two drops of Tincture of the usual potency, OR Four Globules OR Two drops of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>	<p>Either Three Pilules OR *Four drops of Tincture of the usual potency, OR Six Globules OR Three drops of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>

*Tincture of the usual potency is known by the sign, either 1x, 3x, or 3.

CHINA (CHINA OFFICINALIS), Peruvian Bark. Useful in indigestion from debility; biliousness (alternately with Ignatia); debility from the loss of animal fluids; irregular, too profuse, or too long-lasting menstruation.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

*One drop of Tincture of the
usual potency,

OR

Two Globules

OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

*Two drops of Tincture of
the usual potency,

OR

Three Globules

OR

Two drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

*Three drops of Tincture of
the usual potency,

OR

Four Globules

OR

Three drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

*Five drops of Tincture
of the usual potency,

OR

Six Globules

OR

Five drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*Tincture of the usual potency is known by the sign, either
 $1\times$, $3\times$, or 3.

CIMICIFUGA (CIMICIFUGA RACEMOSA), Black Cohosh. Useful in shifting rheumatism; severe muscular and nervous pains; delayed menstruation; suppressed menstruation from a cold; and controls many of the sufferings occurring at change of life.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

*Half a drop of Tincture of
the usual potency,

OR

Two Globules

OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

*One drop of Tincture of the
usual potency,

OR

Three Globules

OR

Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

*Two drops of Tincture of the
usual potency,

OR

Four Globules

OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

*Four drops of Tincture of
the usual potency,

OR

Six Globules

OR

Three drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*Tincture of the usual potency is known by the sign, either
1 \times , 3 \times , or 3.

CINA (CINA ANTHEL), Worm Seed. Useful in cases of worms and disorders arising from worms, such as convulsions, capricious appetite or constant craving for food, habitual wetting of the bed, picking and itching of the nose or anus.

When used in cases for which the treatment is not given in this Guide, the dose may be administered at rising, noon, and bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
One Pilule
OR

*One drop of Tincture of the
usual potency,

OR
Two Globules
OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
Two Pilules
OR

*Three drops of Tincture of
the usual potency,

OR
Three Globules
OR

Three drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Three Pilules
OR

*Four drops of Tincture of the
usual potency,

OR
Four Globules
OR

Four drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules
OR

*Five drops of Tincture of
the usual potency,

OR
Six Globules
OR

Five drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*Tincture of the usual potency is known by the sign,
either $1\times$, $3\times$, or 3.

COCULUS (COCULUS INDICUS), Indian Berries. Useful in sea sickness; nausea, or sickness from motion; flatulence; flatulent colic, and menstrual colic.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either Half a Pilule OR *Half a drop of Tincture of the usual potency, OR Two Globules OR Quarter of a drop of the Mother (strongest) Tincture, distinguished by the sign ϕ.</p>	<p>Either One Pilule OR *One drop of Tincture of the usual potency, OR Three Globules OR Half a Drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Two Pilules OR *Two drops of Tincture of the usual potency, OR Four Globules OR One drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>	<p>Either Three Pilules OR *Four drops of Tincture of the usual potency, OR Six Globules OR Two drops of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>

*Tincture of the usual potency is known by the sign, either $1\times$, $3\times$, or 3.

CUPRUM M. (CUPRUM METALLICUM), Copper. Useful in painful griping diarrhœa; cramps and vomiting in choleraic diarrhœa; cholera; and the itch.

When used in cholera and choleraic diarrhœa, the dose may be administered every one, one-and-a-half, or two hours. For the itch, at rising, noon, and bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

One drop of Tincture of the
usual potency (6),

OR

Two Globules

OR

*Half a grain of Trituration
(Powder) of the usual po-
tency, known by the sign
3x, or 3.

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

Two drops of Tincture of the
usual potency (6),

OR

Three Globules

OR

*One grain of Trituration
(Powder) of the usual po-
tency, known by the sign
3x, or 3.

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

Three drops of Tincture of
the usual potency (6),

OR

Four Globules

OR

*Two grains of Trituration
(Powder) of the usual po-
tency, known by the sign
3x, or 3.

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

Four drops of Tincture of
the usual potency (6),

OR

Six Globules

OR

*Three grains of Trituration
(Powder) of the usual po-
tency, known by the sign
3x, or 3.

*Trituration of the usual potency is known by the sign, either 3x, or 3. No lower number, indicating a stronger potency, should be used.

DROSERA (*DROSERA ROTUNDIFOLIA*), Round-leaved Sun-dew. Useful in hooping cough; spasmodic cough, especially of children; chronic cough; cough producing retching or actual vomiting; and consumptive cough.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

*One drop of Tincture of the
usual potency,

OR

Two Globules

OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

*Two drops of Tincture of
the usual potency,

OR

Three Globules

OR

Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

*Three drops of Tincture of
the usual potency,

OR

Four Globules

OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

*Five drops of Tincture of
the usual potency,

OR

Six Globules

OR

Two drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*It is rarely necessary to administer the Mother Tincture. The ordinary potency answers most purposes. Tincture of the usual potency is known by the sign, either $1\times$, $3\times$, or 3.

DULCAMARA (BITTER-SWEET). Useful in hoarseness arising from damp or wet or from a chill, and in sore throat and colds arising from the same causes; mild rheumatism; elongated uvula; and stiff neck.

When used in cases for which the treatment is not given in this Guide, the dose may be administered at rising in the morning, noon, 5 P.M., and bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
Either Half a Pilule	Either One Pilule
OR	OR
*Quarter of a drop of Tincture of the usual potency,	*One drop of Tincture of the usual potency,
OR	OR
Two Globules	Three Globules
OR	OR
Quarter of a drop of the Mother (strongest) Tincture, distinguished by the sign ϕ .	Half a drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ .
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
Either Two Pilules	Either Three Pilules
OR	OR
*Two drops of Tincture of the usual potency,	*Three drops of Tincture of the usual potency,
OR	OR
Four Globules	Six Globules
OR	OR
One drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ .	Two drops of the Mother (strongest) Tincture, distin- guished by the sign ϕ .

*Tincture of the usual potency is known by the sign,
either 1 \times , 3 \times , or 3.

FILIX (FILIX MAS), Male Fern. Useful in cases of worms, and disorders arising from worms. Is generally more efficacious when taken alternately with Cina, which see.

When used in cases for which the treatment is not given in this Guide, the dose may be administered at rising, noon, and at bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
One Pilule

OR

One drop of Tincture of
the usual potency,

OR

Two Globules

OR

*One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
Two Pilules

OR

Three drops of Tincture of
the usual potency,

OR

Three Globules

OR

*Three drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Three Pilules

OR

Four drops of Tincture of
the usual potency,

OR

Four Globules,

OR

*Four drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

Five drops of Tincture of
the usual potency,

OR

Six Globules

OR

*Five drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*In the treatment of worms, the Mother Tincture of both Filix and Cina is the most efficacious.

HAMAMELIS (HAMAMELIS VIRGINICA), Virginian Witeh Hazel. Useful in bleeding piles, and in most cases of bleeding from the nose, lungs, bowels, uterus, anus, after extraction of teeth, &c.; varieose veins; ulcers; old sores; and broken chilblains.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three or four hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.

Either
Half a Pilule

OR

Half a drop of Tincture
of the usual potency,

OR

Two Globules

OR

*Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

DOSE FOR A PATIENT OF SEVEN YEARS.

Either
One Pilule

OR

One drop of Tincture of
the usual potency,

OR

Three Globules

OR

*One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

DOSE FOR A PATIENT OF FOURTEEN YEARS.

Either
Two Pilules

OR

Two drops of Tincture of
the usual potency,

OR

Four Globules

OR

*Two drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

DOSE FOR AN ADULT.

Either
Three Pilules

OR

Five drops of Tincture
of the usual potency,

OR

Six Globules

OR

*Five drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*The Mother Tincture of this remedy is preferable in most cases.

HEPAR SULPH. (HEPAR SULPHURIS), Sulphuret of Lime. Useful in cough; weak and hoarse voice, with wheezing; pimples; eruptions and boils; and in most disorders of the respiratory mucous membrane. It is a direct stimulant to the glands and skin, and promoter of suppuration.

When used in cases for which the treatment is not given in this Guide, the dose may be administered at rising, noon, and bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

Half a drop of Tincture of
the usual potency (6),

OR

Two Globules

OR

Half a grain of Trituration
(powder) of the usual potency
known by the sign $3\times$, or 3.

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

One drop of the Tincture of
the usual potency (6),

OR

Three Globules

OR

One grain of Trituration
(powder) of the usual potency
known by the sign $3\times$, or 3.

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

Two drops of Tincture of
the usual potency (6),

OR

Four Globules

OR

Two grains of Trituration
(powder) of the usual potency
known by the sign $3\times$, or 3.

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

Five drops of Tincture of
the usual potency (6),

OR

Six Globules

OR

Three grains of Trituration
(powder) of the usual potency
known by the sign $3\times$, or 3.

HYOSCYAMUS (HYOSCYAMUS NIGER), Henbane. Useful in cough which comes on in fits, or at night, or on change of temperature, or on getting up in the morning; squinting, twitching, and stammering of children.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule
OR

*Half a drop of Tincture of
the usual potency,

OR
Two Globules
OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule
OR

*One drop of Tincture of the
usual potency,

OR
Three Globules
OR

Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules
OR

*Two drops of Tincture of
the usual potency,

OR
Four Globules
OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules
OR

*Five drops of Tincture of
the usual potency,

OR
Six Globules
OR

Three drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*Tincture of the usual potency is known by the sign, either
 $1\times$, $3\times$, or 3.

IGNATIA (IGNATIA AMARA) St. Ignatius' Bean. Useful in indigestion and biliousness; and against the bad effects of fright, chagrin, deep-rooted, sudden, or intense emotion, especially grief. Is seldom of use in chronic cases.

When used in cases for which the treatment is not given in this Guide, the dose may be administered twice a-day, an hour after breakfast and an hour after dinner.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

*Half a drop of Tincture of
the usual potency,

OR

Two Globules

OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

*One drop of Tincture of the
usual potency,

OR

Three Globules

OR

Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

*Two drops of Tincture of
the usual potency,

OR

Four Globules

OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

*Four drops of Tincture of
the usual potency,

OR

Six Globules

OR

Two drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*Tincture of the usual potency is known by the sign,
either $1\times$, $3\times$, or 3.

IPECACUANHA. Useful in cold on the chest; cough and hooping cough; night asthma; wheezing cough with rattling of mucus in the air passages; spasmodic sneezing; hay fever; nausea and vomiting; and nausea during pregnancy.

When used in cases for which the treatment is not given in this Guide, the dose may be administered every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule

OR

*Half a drop of Tincture of
the usual potency,

OR

Two Globules

OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

*One drop of Tincture of the
usual potency,

OR

Three Globules

OR

Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

*Two drops of Tincture of
the usual potency,

OR

Four Globules

OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

*Five drops of Tincture of
of the usual potency,

OR

Six Globules

OR

Two drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

Tincture of the usual potency is known by the sign, either
 $1\times$, $3\times$ or 3.

MERCURIUS V. (MERCURY). Useful in sore throat, and swelling, ulceration, or inflammation of the mucous membrane generally; mumps, and glandular swellings; toothache from decay; biliousness.

When used in cases for which the treatment is not given in this Guide, the dose may be taken at rising, noon, 5 p.m., and bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either Half a Pilule OR Half a drop of Tincture of the usual potency (6), OR Two Globules OR *Half a grain of Trituration (Powder) of the usual po- tency (3\times, or 3).</p>	<p>Either One Pilule OR One drop of Tincture of the usual potency (6). OR Three Globules OR *One grain of Trituration (powder) of the usual po- tency (3\times, or 3).</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Two Pilules OR Two drops of Tincture of the usual potency (6), OR Four Globules OR *Two grains of Trituration (powder) of the usual po- tency (3\times, or 3).</p>	<p>Either Three Pilules OR Four drops of Tincture of the usual potency (6), OR Six Globules OR *Three grains of Trituration (powder) of the usual po- tency (3\times, or 3).</p>

* Trituration of the usual potency is known by the signs 3 \times , or 3. No lower number, indicating a stronger potency, should be used.

NUX VOMICA (VOMIT NUT). Useful in cold in the head (after Acon.); sea sickness, indigestion, constipation, piles, and most disorders of the digestive organs, bowels and nervous system.

When used in cases for which the treatment is not given in this Guide, the dose may be taken at noon, 5 p.m., and an hour before bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.

Either
Half a Pilule

OR

*Half a drop of Tincture of
the usual potency,

OR

Two Globules

OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

DOSE FOR A PATIENT OF SEVEN YEARS.

Either
One Pilule

OR

*One drop of Tincture of
the usual potency,

OR

Three Globules

OR

Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

DOSE FOR A PATIENT OF FOURTEEN YEARS.

Either
Two Pilules

OR

*Three drops of Tincture of
the usual potency,

OR

Four Globules

OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

DOSE FOR AN ADULT.

Either
Three Pilules

OR

*Five drops of Tincture of
the usual potency,

OR

Six Globules

OR

Three drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

* Tincture of the usual potency is known by the sign,
either $1\times$, $3\times$, or 3.

PETROLEUM. Useful in sea-sickness, and nausea produced by motion, as riding in a train, omnibus, or cab; vomiting during pregnancy; old obstinate skin diseases.

When used in cases for which the treatment is not given in this Guide, the dose may be taken every three or four hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
Half a Pilule
OR

*Quarter of a drop of Tincture of the usual potency, known by the signs 1 \times , 3 \times , or 3,
OR
Two Globules.

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule
OR

*Half a drop of Tincture of the usual potency, known by the signs 1 \times , 3 \times , or 3,
OR
Three Globules.

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules
OR

*One drop of Tincture of the usual potency, known by the signs 1 \times , 3 \times , or 3,
OR
Four Globules.

**DOSE FOR AN
ADULT.**

Either
Three Pilules
OR

*Two drops of Tincture of the usual potency, known by the signs 1 \times , 3 \times , or 3,
OR
Six Globules.

* The strongest form of Petroleum, distinguished by the sign ϕ , should not be administered in ordinary cases.

PHOSPHORUS. Useful in severe cough with irritation, burning and soreness of the chest; inflammation of the lungs; pleuro pneumonia; chronic unhealthy ulcers; and indolent old sores.

When used in cases for which the treatment is not given in this Guide, the dose may be taken every two or three hours for chest affections, and night and morning for skin complaints.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
One Pilule
OR

*Half a drop of Tincture of
the usual potency (3 \times , or 3),
OR

Two Globules.

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
Two Pilules
OR

*One drop of Tincture of
the usual potency (3 \times , or 3),
OR

Three Globules.

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Three Pilules
OR

*Two drops of Tincture of
the usual potency (3 \times , or 3),
OR

Four Globules.

**DOSE FOR AN
ADULT.**

Either
Four Pilules
OR

*Five drops of Tincture of
the usual potency (3 \times , or 3),
OR

Six Globules.

* Tincture of the usual potency is known by the sign,
either 3 \times , or 3.

*There is a stronger potency, distinguished by the sign ϕ
or *Fort.* This potency is required only in exceptional
cases, and must then be used with the greatest care.

PHYTOLACCA (PHYTOLACCA DECANDRA), Poke Root. Useful in boils and tendency to boils; gathered or broken breasts; ulceration of the throat and mouth, mucous membrane of the nose, rectum and uterus.

When used in cases for which the treatment is not given in this Guide, the dose may be taken at rising, noon, 5 p.m., and bedtime.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either One Pilule OR *Half a drop of Tincture of the usual potency, OR Two Globules OR Quarter of a drop of the Mother (strongest) Tincture, distinguished by the sign ϕ.</p>	<p>Either Two Pilules OR *One drop of Tincture of the usual potency, OR Three Globules OR One drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Three Pilules OR *Two drops of Tincture of the usual potency, OR Four Globules OR Two drops of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>	<p>Either Four Pilules OR *Five drops of Tincture of the usual potency, OR Six Globules OR Five drops of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>

*Tincture of the usual potency is known by the sign, either $1\times$, $3\times$, or 3.

PODOPHYLLUM (**PODOPHYLLUM PELT**), Mandrake. Useful in biliousness; bilious headache; heartburn; acid rising; constipation; inaction of the liver; induration and suppuration of the glands. It is called the vegetable mercury.

When used in cases for which the treatment is not given in this Guide, the dose may be taken every four hours.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
Either Half a Pilule OR	Either One Pilule OR
Half a drop of ASHTON & PARSONS' special Tincture, OR Two Globules.	One drop of ASHTON & PARSONS' special Tincture, OR Three Globules.
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
Either Two Pilules OR	Either Three Pilules OR
Two drops of ASHTON & PARSONS' special Tincture, OR Four Globules.	Five drops of ASHTON & PARSONS' special Tincture, OR Six Globules.

Abundant experience in all climates points to ASHTON & PARSONS' special Tincture of Podophyllum as the best preparation of this remedy.

PULSATILLA (MEADOW ANEMONE). Useful in indigestion from fat food; offensive breath; heartburn; water-brash; biliousness; measles; delayed, too early, too frequent, irregular, suppressed, painful, or difficult menstruation.

When used in cases for which the treatment is not given in this Guide, the dose may be taken every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either One Pilule OR *Half a drop of Tincture of the usual potency, OR Two Globules OR Quarter of a drop of the Mother (strongest) Tincture, distinguished by the sign ϕ.</p>	<p>Either One Pilule OR *One drop of Tincture of the usual potency, OR Three Globules OR Half a drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Two Pilules OR *Two drops of Tincture of the usual potency, OR Four Globules OR One drop of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>	<p>Either Three Pilules OR *Four drops of Tincture of the usual potency, OR Six Globules OR Three drops of the Mother (strongest) Tincture, distin- guished by the sign ϕ.</p>

* Tincture of the usual potency is known by the sign,
either $1\times$, $3\times$, or 3.

RHUS TOX. (POISON OAK OR SUMACH). Useful in
 simples, and eruptions of small blisters; chicken pox; run-
 ing spreading eruptions; spreading and corrosive ring-
 worm; warts; rheumatism; deep seated sprains; lumbago;
 sciatica.

When used in cases for which the treatment is not given
 in this Guide, the dose may be taken every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
 INFANT.**

Either
 Half a Pilule

OR

*Half a drop of Tincture of
 the usual potency,

OR

Two Globules

OR

Quarter of a drop of the
 Mother (strongest) Tincture,
 distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
 SEVEN YEARS.**

Either
 One Pilule

OR

*One drop of Tincture of
 the usual potency,

OR

Three Globules

OR

Half a drop of the Mother
 (strongest) Tincture, distin-
 guished by the sign ϕ .

**DOSE FOR A PATIENT OF
 FOURTEEN YEARS.**

Either
 Two Pilules

OR

*Two drops of Tincture of
 the usual potency,

OR,

Four Globules

OR

One drop of the Mother
 (strongest) Tincture, distin-
 guished by the sign ϕ .

**DOSE FOR AN
 ADULT.**

Either
 Three Pilules

OR

*Five drops of Tincture of
 the usual potency,

OR

Six Globules

OR

Two drops of the Mother
 (strongest) Tincture, distin-
 guished by the sign ϕ .

*Tincture of the usual potency is known by the sign,
 either $1\times$, $3\times$, or 3.

SILICEA (PURE FLINT). Useful in corns and bunions; dry mealy, scaly skin eruptions; moist oozing eruptions forming scabs; glandular swellings; decay of the teeth; excessive or disagreeable perspiration of the hands or feet.

When used in cases for which the treatment is not given in this Guide, the dose may be taken night and morning.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either Half a Pilule OR Quarter of a drop of Tincture of the usual potency (6), OR One Globule OR Quarter of a grain of Tritu- ration (powder) of the usual potency (3^x, or 3).</p>	<p>Either One Pilule OR Half a drop of Tincture of the usual potency (6), OR One Globule OR Half a grain of Trituration (powder) of the usual po- tency (3^x, or 3).</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either One Pilule OR One drop of Tincture of the usual potency (6), OR Two Globules OR One grain of Trituration (powder) of the usual po- tency (3^x, or 3).</p>	<p>Either Two Pilules OR Two drops of Tincture of the usual potency (6), OR Three Globules OR Two grains of Trituration (powder) of the usual po- tency (3^x, or 3).</p>

SPONGIA (TOASTED SPONGE). Useful in dry, rough, hard, tickling, barking, or tearing cough; croup; bronchitis, hoarseness, and affections of the wind pipe and bronchial tubes generally; Derbyshire neck; orchitis.

When used in cases for which the treatment is not given in this Guide, the dose may be taken every three hours.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
One Pilule

OR

Half a drop of Tincture of the
usual potency,

OR

Two Globules

OR

Half a drop of the Mother
(strongest) Tincture, distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
One Pilule

OR

*One drop of Tincture of the
usual potency,

OR

Threc Globules

OR

One drop of the Mother
(strongest) Tincture, distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Two Pilules

OR

*Two drops of Tincture of
the usual potency,

OR

Four Globules

OR

Two drops of the Mother
(strongest) Tincture, distinguished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Three Pilules

OR

*Four drops of Tincture of
the usual potency,

OR

Six Globules

OR

Three drops of the Mother
(strongest) Tincture, distinguished by the sign ϕ .

*Tincture of the usual potency is known by the sign,
either $1\times$, $3\times$, or 3.

SULPHUR (BRIMSTONE). Useful in pimples ; blotches ; itch and itching eruptions ; sore eyelids ; chronic ulcers ; constipation ; piles ; after whooping cough and measles, and after any acute disorder, as it tends to bring the system into a general healthy condition.

When used in cases for which the treatment is not given in this Guide, the dose may be taken three times a day.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

DOSE FOR AN INFANT.	DOSE FOR A PATIENT OF SEVEN YEARS.
<p>Either Half a Pilule OR One drop of the Tincture of any potency, OR Two Globules OR Half a grain of the Tritura- tion (powder) of any potency.</p>	<p>Either One Pilule OR Two drops of the Tincture of any potency, OR Three Globules OR One grain of the Trituration (powder) of any potency.</p>
DOSE FOR A PATIENT OF FOURTEEN YEARS.	DOSE FOR AN ADULT.
<p>Either Two Pilules OR Three drops of the Tincture of any potency, OR Four Globules OR Two grains of the Trituration (powder) of any potency.</p>	<p>Either Three Pilules OR Five drops of the Tincture of any Potency, OR Six Globules OR Three grains of the Tritura- tion (powder) of any potency.</p>

VERATRUM A. (WHITE HELLEBORE). Useful in autumnal and painful diarrhœa; cholera; colic; cramp the bowels; cramp in the limbs—calves especially; coldness of the hands, arms, feet, and legs.

When used in cases for which the treatment is not given in this Guide, the dose may be taken every one, two, three, four hours, according to the urgency of the case.

HOW TO ADMINISTER THE DOSE, SEE PAGE 6.

**DOSE FOR AN
INFANT.**

Either
One Pilule
OR

Half a drop of Tincture of
the usual potency,

OR
Two Globules
OR

Quarter of a drop of the
Mother (strongest) Tincture,
distinguished by the sign ϕ .

**DOSE FOR A PATIENT OF
SEVEN YEARS.**

Either
Two Pilules
OR

*One drop of Tincture of
the usual potency,

OR
Three Globules
OR

Half a drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR A PATIENT OF
FOURTEEN YEARS.**

Either
Three Pilules
OR

Two drops of Tincture of
the usual potency,

OR
Four Globules
OR

One drop of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

**DOSE FOR AN
ADULT.**

Either
Four Pilules
OR

*Four drops of Tincture of
the usual potency,

OR
Six Globules
OR

Two drops of the Mother
(strongest) Tincture, distin-
guished by the sign ϕ .

*Tincture of the usual potency is known by the sign,
either $1\times$, $3\times$, or 3.

ASHTON & PARSONS'

Special Homœopathic Medicines and Preparations.

PHOSFERINE.—For Weakness, Lassitude, Debility, Loss of Appetite, Nervousness, Toothache, Neuralgia and other severe Nerve Pains, Gout and Rheumatism.....1/1½, 2/9, 11/, & 33/ per bottle.

TINCTURE OF PODOPHYLLUM.—For Biliousness, Constipation and Inactivity of the Liver 1/1½, 2/9, 11/, & 33/ per bottle.

HAMAMELIS CERATE.—For Piles, Varicose Veins, Broken Chilblains, Ulcers and Sores 1/1½ & 2/ per jar.

STURMHUT.—A remedy for *External use only*, for Neuralgia, Sciatica, and other Nerve Pains, to be painted over the seat of pain. Phosferine as above, to be taken Internally...1/1½ per bottle.

STURMHUT LINIMENT.—For Rheumatism, Gout, Lumbago, Muscular Pains, deep seated Sprains etc..... 1/1½ & 2/9 per bottle.

CARBOLIC CARRON OIL.—For Burns and Scalds 1/1½ & 2/9 per bottle.

The above preparations are manufactured only by ASHTON AND PARSONS, and as full Directions for Use accompany the remedies, they are brought under the Patent Medicine Act, therefore, each article bears the Government Stamp, in addition to their ordinary band label.

